



Starters

Chicken Quesadilla Peppers, scallions, Mexican cheeses, sour cream and Pico de Gallo	\$14.75
Longwood Grille Nachos	
House made corn chips, sour cream, tomatoes, scallions, guacamole, salsa, Mexican cheeses and grilled chicken	\$12.75
Chicken Tenders BBQ, honey mustard, teriyaki or buffalo	\$13.75
Longwood Grille Pub Pizza (sauce contains cheese)	
Tomato sauce, mozzarella, provolone and parmesan cheeses	\$14.00
Toppings: pepperoni, ground beef, sausage, chicken, bacon, spinach, mushrooms, red onions, peppers, jalapeno peppers, broccoli.	
<i>GF—Gluten free pizza crust is available additional \$1.50</i>	
Chicken Wings *contains coconut sweet & spicy wings	\$12.75
Fried Mozzarella Italian seasoned mozzarella rounds with marinara sauce	\$9.75
Fried Cauliflower with yogurt dill sauce	\$9.75
New England Clam Chowder	Cup \$7.50 Bowl \$9.50
French Onion Beef broth, garlic croutons, Swiss & provolone cheeses	\$8.50
<i>GF—Gluten free croutons are available</i>	

Entrees

Baked Haddock	
Herb Ritz cracker crust, garlic lemon butter sauce, roasted vegetable and mashed potatoes	\$22.75
Steak Tips *	
Grilled steak tips with sautéed peppers, onions and mushrooms served with mashed potatoes and your choice of BBQ or teriyaki sauce	\$22.75
Beer Battered Fish (7 oz) and Chips	
French fries, tartar sauce and cabbage slaw	\$21.75
Chicken Pot Pie	
Supreme sauce, chicken, potatoes, peas, corn, carrots, onions, celery and golden puff pastry crust	\$19.75
Chicken Parmesan	
Grilled or breaded chicken, fusilli pasta, tomato sauce, basil, provolone, mozzarella and parmesan cheeses <i>GF—Gluten free pasta is available for additional \$1.50</i>	\$19.75
Grilled Chicken Stir Fry contains egg whites	
Teriyaki infused grilled breast of chicken, stir fry vegetables and fried brown rice	\$19.75
Pommery Cedar Plank Salmon	
Glazed with sweet Whole Grain Mustard, brown rice, roasted vegetable	\$23.75
◆ Shrimp Scampi	
Gulf shrimp sauteed with garlic, white wine, olive oil and lemon served with fettucine	\$23.75
◆ Chimichurri Beef	
Sliced steak with a chimichurri sauce, Salsa Verde rice and roasted vegetable	\$22.75
◆ Chicken Broccoli Ziti	
Tossed in an Alfredo sauce or light garlic oil	\$19.75

***Items Cooked to Order**

***Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs
may increase your risk of foodborne illness.**

Prior to ordering, please inform your server if anyone in your party may have a food allergy.



The Lite Side

Caesar Salad

Crisp romaine, garlic and herb seasoned croutons, shaved parmesan cheese and anchovy based dressing *GF—Gluten free croutons are available* \$12.75

House Salad

Mesclun greens, carrots, cucumbers, tomatoes, red onions, and red peppers Served with balsamic vinaigrette \$12.75

◆ **Buffalo chicken salad**

Chicken Tenderloins tossed in Buffalo sauce, served atop iceberg and romaine lettuce with tomatoes , carrot, celery, bleu cheese and scallions. **Also available in honey mustard sauce with cheddar cheese** \$19.75

Mediterranean Salad

Garden greens, tomatoes, cucumber, red onion, Greek olives, and feta cheese Served with a red wine vinaigrette, topped with fried falafel \$14.75

Add on: Grilled Chicken \$7 Steak Tips \$10 Grilled Salmon \$10 Shrimp \$10

Sandwiches

All Sandwiches are served with dill pickle.

Gluten Free Bread, burger roll and wraps are available for additional \$1.50

Add a side of French Fries or Cole Slaw \$3.00

Add a side salad, onion rings, or sweet potato fries for \$4.00

Classic Longwood Grille Burger*

Cheddar cheese and fried onion strings on a Black Angus burger & grilled bulkie roll \$16.50

Turkey Burger

Extra lean ground turkey mixed with fresh herbs, red onions & cheddar cheese topped with tomato & fennel salsa and avocado served on a multigrain roll \$16.50

Additional Toppings \$1.50 each

Fresh avocado, bacon, bleu cheese, sautéed mushrooms, jalapeno peppers

Fish Tacos

Fried beer battered Haddock, shredded cabbage, tri color tomato and fennel salsa, chipotle aioli and fresh avocado on flour tortillas \$17.50

Chicken Caprese Sandwich

Grilled breast of chicken, fresh mozzarella, spinach, roasted tomatoes, nut free roasted red pepper pesto, and balsamic glaze on toasted focaccia bread \$16.50

Club

Roasted turkey, smoked bacon, lettuce, tomatoes and herb aioli on toasted multigrain bread \$16.50

French Dip

Slowly braised beef on grilled ciabatta bread with caramelized onions, brie cheese and beef au jus \$16.50

Avocado BLT

Fresh avocado, smoked bacon, lettuce, roasted tomatoes and nut free spinach pesto on toasted focaccia bread \$16.50

Sides

French Fries	\$6.00	Onion Rings	\$7.00
Garden Salad	\$4.00	Sweet Potato Fries	\$7.00
Caesar Salad	\$5.00	Cole Slaw	\$3.00

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