

## **Full Day Meeting Planner**

### **Morning**

Selection of Orange, Apple and Tomato Juice  
Display of Seasonal Sliced Fruits and Berries  
Hard Boiled Eggs  
Assorted Mini Muffins and Breakfast Pastries  
Freshly Brewed Coffee, Decaffeinated and Selection of Herbal Teas

### **Mid-Morning**

Assorted Savory Stuffed Croissants  
Low Fat Yogurt Parfait  
Refresh of Coffee and Tea

### **Afternoon**

Assorted Cookies and Dessert Bars  
Mixed Nuts  
Refresh of Coffee and Tea

## **Heart Healthy Meeting Planner**

### **Morning**

Selection of Orange, Apple and Tomato Juice  
Display of Seasonal Sliced Fruits and Berries  
Assorted High Fiber Cereal and Granola with Almond Milk and Skim Milk  
Hot Oatmeal with Assorted Toppings:  
(Brown Sugar, Cinnamon, Raisins, Walnuts)  
Hard Boiled Eggs  
Assorted Whole Grain Crackers, Multigrain Croissants  
and Sliced Whole Grain Breads  
Freshly Brewed Coffee, Decaffeinated and Selection of Herbal Teas

### **Mid-Morning Break**

Trail Mix  
Low Fat Yogurt Parfait  
Assorted Gourmet Granola Bars  
Refresh of Coffee and Tea

### **Afternoon**

Tomato Basil Salsa  
Roasted Red Pepper Hummus Shots  
Pita Chips and Flat Bread  
Refresh of Coffee and Tea

## **Enhance Your Meeting Planner by Adding a Lunch Buffet**

Add Huntington Buffet for an Additional  
Add Brookline Buffet for an Additional  
Add Lunch at The Longwood Grille for an Additional

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase risk of food borne illness.  
Please Inform your Sales Person If A Person in Your Party Has A Food Allergy*