



**breakfast**  
**juice and fruit**

<b>freshly squeezed orange or grapefruit juice</b>	<b>5</b>
<b>apple, cranberry or tomato juice</b>	<b>4</b>
<b>sliced seasonal melon</b>	<b>6</b>
<b>seasonal berries</b>	<b>8</b>
<b>fresh fruit platter with yogurt or cottage cheese</b>	<b>12</b>
<b>granola and yogurt parfait</b>	<b>11</b>

**fresh fruit smoothies**  
*add protein powder 2*

<b>green drink</b> <i>celery, kale, cucumbers, green apples and lemon</i>	<b>8</b>
<b>strawberry and mango</b>	<b>8</b>
<b>blueberry and banana</b>	<b>8</b>
<b>peanut butter and banana</b> <i>with honey</i>	<b>8</b>

**breakfast selections**

<b>continental</b> <i>choice of juice, selection of breakfast pastries, toast or muffin, coffee or tea</i>	<b>12</b>
<b>le parc breakfast</b> <i>choice of juice, two eggs any style, country potatoes, bacon or sausage, coffee or tea</i>	<b>15</b>
<b>california breakfast</b> <i>poached eggs, chicken apple sausage, avocado and fresh fruit</i>	<b>14</b>
<b>los angeles light</b> <i>choice of juice or melon, granola and skim milk, bran muffin or whole wheat toast, coffee or tea</i>	<b>13</b>
<b>new yorker</b> <i>smoked salmon, bagel, cream cheese, sliced onion, tomato and capers</i>	<b>17</b>
<b>huevos rancheros</b> <i>fried eggs served on corn tortillas with avocado, tomato salsa and jack cheese</i>	<b>14</b>
<b>breakfast sandwich</b> <i>bacon or ham, eggs, tomato chutney and white cheddar, croissant or bagel</i>	<b>12</b>
<b>eggs benedict</b> <i>poached eggs on a toasted english muffin, prosciutto di parma ham and pesto hollandaise</i>	<b>16</b>
<b>poached eggs caprese</b> <i>poached eggs on sliced tomatoes, bufala mozzarella, avocado and fresh basil</i>	<b>16</b>

**egg dishes**

*served with country potatoes and toast*

<b>eggs prepared as you wish</b>	<b>10</b>
<b>new york steak and eggs</b>	<b>22</b>
<b>smoked salmon and eggs</b> <i>with sauteed onions</i>	<b>17</b>
<b>western omelette</b> <i>ham, onions and peppers</i>	<b>14</b>
<b>omelette</b> <i>three eggs or egg whites with choice of three; onions, peppers, mushrooms, ham, cheese or spinach</i>	<b>14</b>

**from the griddle**

<b>belgian waffles</b> <i>with strawberries and whipped cream</i>	<b>13</b>
<b>knoll french toast</b>	<b>12</b>
<b>buttermilk pancakes</b>	<b>11</b>
<b>blueberry pancakes</b>	<b>12</b>

**a la carte**

<b>croissant, danish, bagel, muffin, white, wheat, rye or sourdough toast</b>	<b>4</b>
<b>canadian bacon or ham</b>	<b>6</b>
<b>applewood smoked bacon or chicken apple sausage</b>	<b>6</b>
<b>greek honey yogurt or cottage cheese</b>	<b>6</b>
<b>steel cut oatmeal</b>	<b>8</b>
<b>mueslix with fresh berries</b>	<b>7</b>

**beverages**

<b>coffee, decaf, herbal tea, hot chocolate, milk, low fat milk, skim milk or soy milk</b>	<b>4</b>
<b>cappuccino, espresso, latte</b>	<b>6</b>
<b>evian still or badoit sparkling water</b>	<b>sm 4.5 / lg 6</b>